

WINNETKA HOCKEY CLUB

2008-09 Girls Hockey Program

The Winnetka Hockey Club remains committed to investing in girls hockey and building one of Illinois's most extensive programs. The WHC Girls Program started in 1999 by Tom Gullen and Sarah Tueting, goalie for the U.S. Olympic Team, has reached over 70 girls skaters last year. Our U10 girls team won last year's Blackhawk Cup and most importantly we were able to introduce dozens of girls to our wonderful game.

This year the Winnetka Hockey Club is very proud to introduce Annie Camins as our dedicated **WHC Girls Hockey Director**.



Annie started her hockey career at Winnetka, then played boys Varsity at New Trier, going on to Captain the University of New Hampshire's National Championship team. She most recently was the Head Girls Coach at Loyola Academy. Joining Annie this year will be a full staff of dedicated coaches focused on House League and Four All-star level teams. The staff is designed to give our girls strong role models who are focused on skills, teamwork and development.

U8s.

Winnetka is one of the only programs in the state to have fielded an All-star level U8 team four years in a row winning the Blackhawk Cup in 2006 and 2007. This team starts the year with **tryouts on October 18th at 12:30 p.m.** and will play in the NIHL A2 Major league. Our U8 team will be coached by Annie herself as we believe it is critically important that the girls start their hockey career with the right foundation of skills.

U10s.



Ted Devine



Theresa Davis

Our U10s will be coached by Ted Devine and Theresa Davis. Ted has coached Girls Hockey at Winnetka for the past four years winning the Blackhawk Cup in 2007. He also coaches the Chicago Stars a Girls Spring All-star team that plays in tournaments in Canada, Wisconsin and Minnesota. Theresa coached last year at Evanston and played her hockey reaching AAA levels. **Tryouts are September 6th and 7th.**

U12s.



Mike Glass



Nancy Glass



Kristi Lundgren



Ralph Dynek



Julie Dynek

Our U12s will be coached by the dynamic team of Mike and Nancy Glass, Ralph and Julie Dynek and Kristi Lundgren. This team of coaches has been coaching Winnetka girls for the past five years and has recorded Blackhawk Cup Championships two of the past three years.

Joining the Glass/Dynek team will be Kristi Lundgren. Kristi has been a Skills coach on the North Shore and played her youth hockey at the AAA level. **Tryouts are September 6th and 7th.**

U14s.



Lisa Meyers Strasman

Our U14s will be coached by Annie and Lisa Meyers Strasman. Lisa has coached for the past six years at the AA and AAA levels and last year coached at Highland Park. Lisa played hockey at Yale University in New Haven, CT. **Tryouts are September 6-7.**

The U14 Program is important as we are trying to create a wonderful team environment for girls wanting to continue their hockey careers but not wanting to play AAA prior to high school.

House League Teams:

In addition to our four All-star teams we will again put a great deal of focus on developing girls at the **House League** level. We are very proud of our **Girls House League** program. Last year over 50 girls played in the Winnetka House League. This program starts with a **Girls RULE Free Clinic on September 14th at 1:45 p.m.** and the season will begin thereafter.

Girls Skills Clinics:

We will continue to put significant emphasis on Skills Development. **Kristi Lundgren** has agreed to be our **Girls Skills Director** and will be leading weekly sessions solely focused on skill development. This is an addition to the Winnetka Hockey program skills director **Kevin Delaney**. Also, as we have done for the past 3 years, we will be holding a **Girl's only Spring Skills Clinic**. It is a wonderful chance for the girls to solely focus on skill building. This clinic run by **Mike Glass** and **Annie Camins** had over 90 girls who participated last year in two levels: a U10 and below and a U12 and above.

The Winnetka Hockey Program is a community based program meaning we focus most of our energy on the children in the Winnetka, Glencoe, Kenilworth and Northfield communities. However, the girls program does allow out of district girls to play on our teams, to support growth of girl's hockey.

If you have any questions please reach out to either **Ted Devine** our Girls Hockey Director at 312-515-3767 or ted_devine@aon.com or **Annie Camins** at 312-363-9216 or acamins27@hotmail.com.

If you plan to tryout for one of the four All-star teams you must contact Annie or Ted directly prior to tryouts so they can understand the level of girls participating and then register on **www.winnetkahockey.com**. More information is available on the website.

GO WARRIORS!