

## Winnetka Hockey Club Spring 2010 – Travel Program

The Winnetka Hockey Club is again pleased to offer our skaters a Spring Skill Development Program for the travel hockey player and all skaters who want to improve their skills. The program will again have a strong focus on power skating and skill development, but this year will have a large focus on battle drills and small area games, as well as cross ice 3v3 at all levels allowing our players a better opportunity to reach their personal and team hockey goals with a definite emphasis on fun.

### Program Highlights –

8 week skills program beginning March 20<sup>th</sup> (no sessions the week of Winnetka schools spring break) with 2 skills sessions per week (18 hours) led by Kevin Delaney & DJ LaVarre.

8 games in the North Shore League (no games further than 20 minutes away, most on Saturday or Sunday)

Additional team practice ice times (team practices and pond hockey sessions)

The WHC hopes to offer the following team opportunities (dependent upon participation):

Mite (2003 & 2002 birth year) 4 teams

Squirt (2001 & 2000 birth year) 5 teams

Pee Wee (1999 & 1998 birth year) 4 teams

Bantam (1997 & 1996 birth year) 2 teams

Should a player not be selected for a team, they are welcome to participate in the skills sessions with 50% of the cost of the program refunded or in the Mite Instructional program if age appropriate.

### Program Information:

Player evaluations will take place in the first two weeks in March (see schedule below) and as with fall tryouts, they will be closed to parents. Players will be divided by alphabet (A-L & M-Z) to allow for the coaches to better evaluate the skaters. Teams will be selected and posted on the Winnetka Hockey web site, in an effort to get give all the skaters an equal opportunity and visibility to the coaches, the #1 team will be selected following the 2<sup>nd</sup> session, the #2 team following the 3<sup>rd</sup> session and the remaining teams, following the final session.

The cost of the program will be \$595.00 for all skaters, \$500 for goalies. Please login to your account to purchase the products

[Login to your account here](#)

Goalies will have a separate development sessions run by Kelly G & Rick from Kage Sports on Tuesday evenings at North Shore Ice Arena. Groupings will be dependant on the number of participants with the goal being to keep the student to instructor ratio very low.

Evaluation Schedule:

	Wed 3/10	Fri 3/12	Sat 3/13	Sun 3/14	Mon 3/15
<b>Mite</b> 4 teams					
A-L		A-L 5:25 Win	A-L 12:50 NS	A-L 8:10 NS	
M-Z		M-Z 6:35 Win	M-Z 2:00 NS	M-Z 9:20 NS	
<b>Squirt</b> 5 teams					
A-L 5:40 NS		A-L 5:40 NS		A-L 10:30 NS	A-L 5:25 Win
M-Z 6:50 NS		M-Z 6:50 NS		M-Z 11:40 NS	M-Z 6:35 Win
<b>Pee Wee</b> 4 teams					
A-L			A-L 3:10-4:25 NS	A-L 4:00-5:15 Win	A-L 5:40-6:55 NS
M-Z			M-Z 4:35-5:40 NS	M-z 5:25-6:40 Win	M-Z 7:05-8:20 NS
<b>Bantam</b> 2 teams			All 5:50-7:20	All 6:50-8:20 Win	

The Skills sessions will be grouped by birth year and will be consistent throughout the program (see schedule below). The team practices will be grouped by teams to allow more opportunity for all players to be involved, please watch the team schedules for specific times, but these sessions will begin prior to Spring Break (Master Schedule will be posted on the Winnetka Hockey Website).

The Skills session schedule is as follows:

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**NSIA**

00 - (75) 5:40 - 6:55pm  
 01 - (75) 7:05 - 8:20pm  
 97 - (75) 8:30 - 9:45pm

**NSIA**

99 - (60) 5:40 - 6:40pm  
 98 - (60) 6:50 - 7:50pm  
 97 - (60) 8:00 - 9:00pm

**NSIA**

01 - (60) 5:30 - 6:30pm  
 00 - (60) 6:40 - 7:40pm

**Winn**

MI 1 - (60) 5:25 - 6:25pm  
 03 - (60) 6:35 - 7:35pm  
 96 - (60) 7:45 - 8:45pm

**Winn**

G1 5:50 - 6:50pm  
 G2 7:00 - 8:00pm  
 G3 8:10 - 9:10pm

**Winn**

MI 2 - (60) 5:25 - 6:25pm  
 02 - (60) 6:35 - 7:35pm  
 96 - (75) 7:45 - 9:00pm

**Saturday**

**NSIA**

G1 1:10 - 2:10pm  
 G2 2:20 - 3:20pm  
 G3 3:30 - 4:30pm

**Sunday**

**Winn**

MI 1 - (60) 11:15 - 12:15pm  
 MI 2 - (60) 12:15 - 1:15pm  
 03 - (75) 1:25 - 2:40pm  
 02 - (75) 2:50 - 4:05pm  
 99 - (75) 4:15 - 5:30pm  
 98 - (75) 5:40 - 7:55pm